

GRIEF AND LOSS SUPPORT GROUP



FACILITATED BY ELLIE SORKIN

TUESDAYS AT 6PM

JOCO LOCATION

This group will provide:

- Support for processing difficult emotions
- Knowledge on how to move through the Four Tasks of Grief
- Support for Understanding and Processing Secondary Losses
- Positive Connections with others who are grieving
- The Development of healthy Coping Strategies



**TO ENROLL :SCAN THIS QR CODE
OR CALL (913)257-3161 TODAY!**

