

Group Fcailitated by Jeffrey Soulliere

Healing from Toxic Relationships

7:30 PM Weekly on Tuesday Evenings
Join us for a group focusing on:
Providing a safe and supportive space to process experiences
Gaining self-awareness and growth
Develop relationship skills such as boundary setting and healthy communication

> To enroll: Email or Call info@Embark-counseling.com (913)257-3161